

Heather Carrie, MAS IM4US Executive Director

Heather Carrie serves as a health policy professional committed to improving health and well-being for all. With a lifelong dedication to social justice and fostering collaboration, she supports health equity initiatives through community engagement, multi-sectoral partnerships, and policy advocacy. As a researcher, she focuses on public health issues and global affairs. As a trained mediator, she works to resolve conflict, ignite cooperation, and rebuild relationships with a focus on healing among the healers.

Prior to joining IM4US, Heather served in several leadership positions. Most recently, she was the Director of Global Engagement for the Academy of Integrative Health & Medicine (AIHM). At AIHM, she initiated the first Minority Health Forum to be included at the 2018 AIHM annual conference and developed partnerships to create the Social Impact Clinical Scholars Program that awards full scholarships to health care practitioners working with underserved communities.

Heather also served as Director of the Center for Health Policy Leadership at Bastyr University. She led and supported policy and advocacy initiatives at the state and federal levels to increase access to integrative health care. She advocated for Graduate Medical Education (GME) reform and created a call to action for Congress to develop a diverse GME Policy Council that would include licensed primary care integrative health practitioner representation (ND, LAc, DC, PA, ARNP) to expand residency opportunities to all licensed health care practitioners trained in primary care delivery.

To increase access to integrative health care in rural areas, Heather generated meetings between Bastyr University, clinic CEOs, medical directors, and primary care association leaders, which resulted in a community healthcare system in rural Washington hiring their first naturopathic doctors. Heather was recognized by the American Association of Naturopathic Physicians as the 2018 Naturopathic Medicine Champion for her advocacy and support. As an IM4US member since 2014, she has contributed to our annual conferences with research and oral presentations as well as year-round Policy and Advocacy Committee work.

Heather earned her BA in Law and Policy with a dual concentration in Health Policy and in Healthcare Leadership from the University of Washington Tacoma, and her Master of Advanced Studies (MAS) in Health Policy and Law from a joint degree program with the University of California, San Diego's School of Medicine and the California Western School of Law. She completed mediation training with California Western School of Law and with the Dispute Resolution Center of King County in Washington State.